



American
Heart
Association.

Common Heart Attack Warning Symptoms

Call 911 right away if you or someone you are
with has one or more of these symptoms!

5

2

3

1

4

6

1



Chest pain or
discomfort

2



Pain or discomfort in
the jaw, neck or back

3



Pain or discomfort in
the arms or shoulders

4



Shortness of breath

5



Feeling very tired,
lightheaded or faint

6



Nausea or vomiting

Learn more at
heart.org/HeartAttack.